

Helpful ACS Numbers

ACS Front Desk (Shoemaker Center, Bldg. 36000, 2nd Floor)
287-4ACS (4227) If you don't know who to call

ACS Volunteer Program / Army Volunteer Corps	287-VOLS (8657)
Army Emergency Relief (AER)	553-3101
Army Family Action Plan (AFAP)	287-AFAP (2327)
Army Family Team Building (AFTB)	286-6600
Child & Spouse Abuse 24/7 Hotline	287-CARE
Consumer Affairs Office	287-CITY
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774
Family Assistance Center (FAC)	288-7570
Personal Financial Management Classes	287-2489
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program (NPSP)	287-2286
Parenting Classes	618-7443 288-2092
Relationship Enrichment Workshop	288-2092
Soldier and Family Assistance Center	286-5768
Stress/Anger/Conflict & Resolution Training	618-7827 288-2092

24/7 Hotlines

Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254.291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing/Barracks Life/Health/Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289. 2531

Building Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Battalion Ave.
- Bldg. 36000 - The Shoemaker Center, Darnall Loop
- Bldg. 36035 - Carl R. Darnall Medical Center, Santa Fe Ave.
- Bldg. 36051 - Soldiers & Family Assistance Center
- Bldg. 50012 - Community Events & Bingo Center, Clear Creek Road.



Report Domestic Violence or Child Abuse

24/7 Hotline

254-287-CARE (2273)

Hood.ArmyMWR.com

MWR ACS



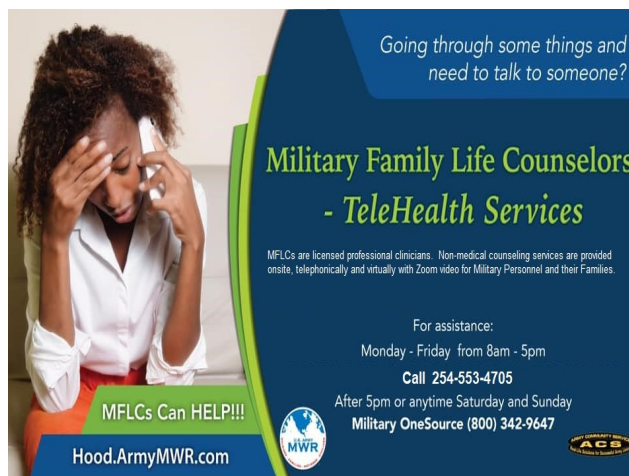
Victims of Domestic Violence

24/7 Hotline

254-702-4953

Hood.ArmyMWR.com

MWR ACS



Going through some things and need to talk to someone?

Military Family Life Counselors - TeleHealth Services

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705
After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

MFLCs Can HELP!!!

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MWR ACS

Got Plans for Your Tax Refund?

Use 30-40-30 plan to pay for your PAST, PRESENT, and FUTURE

PAST: Designate 30% of your refund to paying off debt and catching up on outstanding bills.

PRESENT: Earmark 40% for current use.

FUTURE: Use 30% to jump start an emergency fund or longer term savings

Become a saver today and take advantage of free tools to help you save and manage money!

Fort Hood Army Community Service Financial Readiness Branch
(254)287-2489, (254) 553-4698 or (254) 288-8868
usarmy.hood.incom-fmrwc.list.ACS-FRB@mail.mil

Check us out online



Content provided by Virginia Saves and America Saves
For more information visit <http://www.AmericaSaves.org>

TEXT HOODSAVES TO 877877



Financial Readiness Workshops

Open to All DOD ID Card Holders

1st and 3rd Wednesday

Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday

Saving & Investing, 1:30 - 3:00 pm



For more information contact,
Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489
Hood.ArmyMWR.com

Classes, times, and locations are subject to change, call for details.
Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch

MWR ACS

Workshops, Play Groups
and Much More!

February Calendar of Events 2021 Army Community Service



Real-Life Solutions for Successful Army Living

287- 4ACS

<https://hood.ArmyMWR.com>
www.armyfamilywebportal.com
www.militaryonesource.mil
1-800-342-9647



Army Community Service Calendar of Events

Monday, February 1

Community Resource Course (Day 1 of 2)
9:00 am – 2:30 pm • Virtual class • Call: 288-2794

Tuesday, February 2

Community Resource Course (Day 2 of 2)
9:00 am – 2:30 pm • Virtual class • Call: 288-2794

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Wednesday, February 3

R.E.A.L. Command Family Readiness Representative (CFFR) Training (Day 1 of 2)
9:00 am – 3:30 pm • Virtual class • Call: 288-2794

Thursday, February 4

R.E.A.L. Command Family Readiness Representative (CFFR) Training (Day 2 of 2)
9:00 am – 3:30 pm • Virtual class • Call: 288-2794

Resilience Skills (Problem Solving)
11:30 am – 1:00 pm • Virtual class • Call: 288-2794

Tuesday, February 9

R.E.A.L. SFRG Foundations/SFRG Volunteer Training (Day 1 of 2)
8:30 am – 2:30 pm • Virtual class • Call: 288-2794

Exceptional Family Member Program Orientation
10:00 am – 11:30 am • Virtual class • Call: 287-6070

Wednesday, February 10

R.E.A.L. SFRG Foundations/SFRG Volunteer Training (Day 2 of 2)
8:30 am – 2:30 pm • Virtual class • Call: 288-2794

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)
9:00 am – 12:00 pm • Virtual class • Call: 288-2794

Exceptional Family Member Program Resource Connections Support Group
11:30 am – 12:30 pm • Virtual class • Call: 287-6070

Wednesday, February 17

CARE Team Training
8:30 am – 12:00 pm • Virtual class • Call: 288-2794

Thursday, February 18

Blended Families Workshop
9:00 am – 12:00 pm • Virtual class • Call: 287-5066

Family Readiness Advisor Training
9:00 am—2:00 pm • Virtual class • Call: 288-2794

Monthly Recurring Classes and Workshops

Tuesday, February 2, 9, 16 & 23

Infant Massage
9:30 am – 10:30 am • Call: 287-2286
Family Violence Prevention Training (PT)
9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Palmer Theater • call 288-2092

Tuesday, February 9 & 23

Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training
10:00 am – 11:30 am • Virtual class • Call: 287-2327

Thursday, February 11 & 25

Stress, Anger & Conflict Resolution Management Workshop
9:00 am – 4:30 pm • Virtual class • Call: 618-7827



Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the **2nd Wednesday** of every month, 9:00 a.m. - 4:00 p.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7584/288-2092 or Email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil

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Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2nd & 4th Tuesday** of every month, 9:30 a.m. - 11:30 a.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com



Army Community Service
Family Advocacy Program

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

BOOT CAMP

For New and Expectant Dads

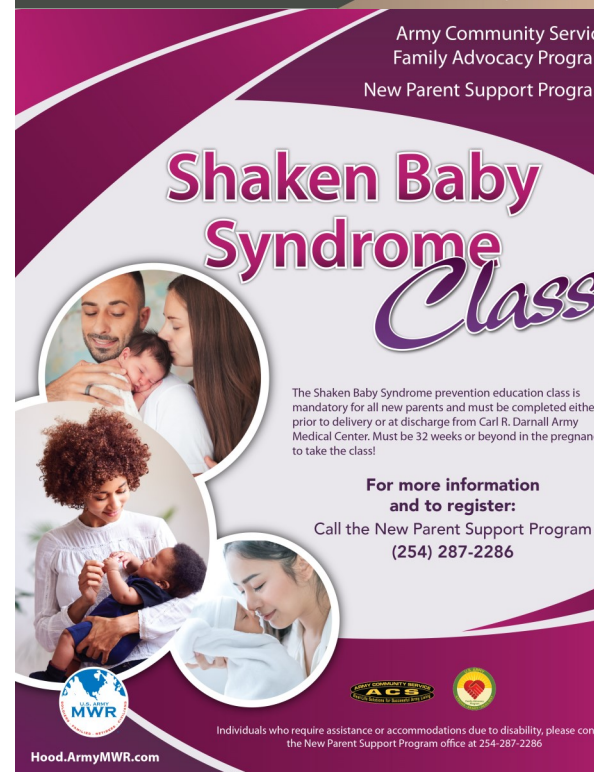
This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



All DOD ID Cards Holders

Fort Hood Army Community Service
Family Advocacy Program

First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

Virtual Class
(Registration Required for Participation)

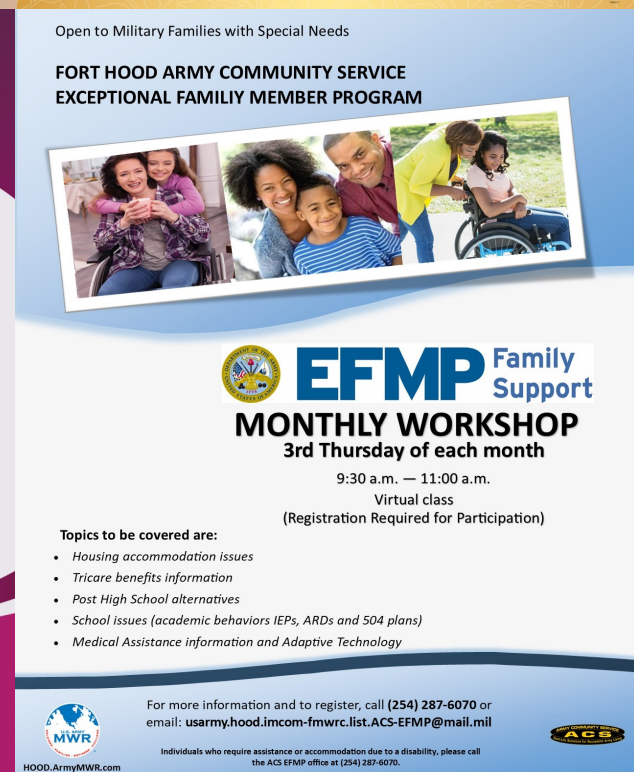
Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- » Discuss important topics of commitment
- » Understand your partner's expectations and role
- » Learn the impact of personal beliefs
- » Consider cultural differences
- » Acquire conflict resolution styles
- » Gain insight about financial decisions
- » Recognize the importance of support systems


To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com



Open to Military Families with Special Needs

**FORT HOOD ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM**



EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.
Virtual class
(Registration Required for Participation)

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.incom-fmwr.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

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