

## Helpful ACS Numbers

|   |                      |
|---|----------------------|
| ACS Volunteer Program / Army Volunteer Corps                      | 287-8657<br>287-2327 |
| Army Emergency Relief (AER)                                       | 553-3101             |
| Consumer Affairs Office / Financial Management Classes            | 287-CITY (2489)      |
| Army Family Action Plan (AFAP) / Army Family Team Building (AFTB) | 287-1127             |
| Employment Readiness Program                                      | 287-6067             |
| Exceptional Family Member Program (EFMP)                          | 287-6070             |
| Family Advocacy Program (FAP)                                     | 286-6774<br>286-6775 |
| Family Assistance Center (FAC)                                    | 288-7570             |
| Military Family Life Counselor (MFLC)                             | 553-4705             |
| Mobilization & Deployment   | 288-2794             |
| New Parent Support Program - Parenting Classes                    | 287-2286             |
| Soldier and Family Assistance Center                              | 286-5768             |

## 24/7 Hotlines

|   |  |
|---|--|
| Commanding General (CG) Hotline                   | 254. 618.7486                                  |
| Reporting Domestic Violence or Child Abuse        | 254. 287.CARE (2273)<br>National 800. 422.4453 |
| Assistance for Victims of Domestic Violence       | 254. 702.4953<br>National 800. 799.7233        |
| Suicide Prevention                                | National 800. 273.8255                         |
| Sexual Harassment / Sexual Assault (SHARP)        | 254. 319.4671<br>National 877. 995.5247        |
| EO and Harassment Hotline                         | 254. 291.5717                                  |
| Veterans Crisis Line                              | National 800. 273.8255 (press 1)               |
| Housing / Barracks Life / Health / Safety Hotline | 254. 206.1157                                  |
| Duty Chaplain Hotline                             | 254. 289.2531                                  |

## ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Legends Way
- Bldg. 36000 - Shoemaker Center, 2nd Floor, Darnall Loop
- Bldg. 36051 - Soldier and Family Assistance Center



**Reporting Domestic Violence or Child Abuse**

24/7 Hotline  
**254-287-CARE (2273)**

Hood.ArmyMWR.com



Fort Hood Army Community Service  
Exceptional Family Member Program

Open to Military Families with Special Needs

**EFMP Family Support**

**RESOURCE CONNECTIONS SUPPORT GROUP**

• This is for parents/children who have a disability and desire to make connections with others and share their knowledge  
• Obtain information through Subject Matter Expert (SME) guest speakers  
• Connect with EFMP Staff for information and resources

2nd Wednesday of each month  
11:30 a.m. – 12:30 p.m.  
(Registration Required for Participation)

For more information and to register (254) 287-6070 or email: usarmy.hood.imcom-fmwrc.list.ACS-EFMP@mail.mil



Going through some things and need to talk to someone?

**Military Family Life Counselors**

MFLCs are licensed professional clinicians. Non-medical counseling services are provided on-site, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:  
Monday - Friday from 8am - 5pm  
Call 254-553-4705  
After 5pm or anytime Saturday and Sunday  
Military OneSource (800) 342-9647

MFLCs Can HELP!!!

Hood.ArmyMWR.com



**Did You Know?**

**Issue Management System (IMS)**

Visit armymwr.com/afwp

KEEPING YOU INFORMED, ACTIVE AND CONNECTED

#ArmyMWRcares



**Victims of Domestic Violence**

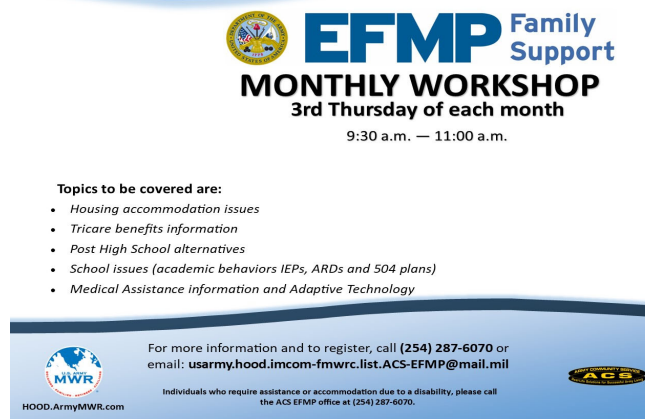
24/7 Hotline  
**254-702-4953**

Hood.ArmyMWR.com



Open to Military Families with Special Needs

**FORT HOOD ARMY COMMUNITY SERVICE  
EXCEPTIONAL FAMILY MEMBER PROGRAM**



**EFMP Family Support  
MONTHLY WORKSHOP**

3rd Thursday of each month  
9:30 a.m. — 11:00 a.m.

**Topics to be covered are:**

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.imcom-fmwrc.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.



Open to All  
DOD ID Card Holders

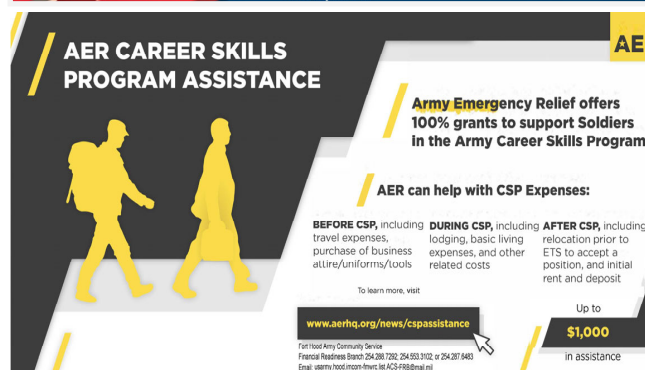
**Financial Readiness Workshops**

1<sup>st</sup> and 3<sup>rd</sup> Wednesday  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

2<sup>nd</sup> Tuesday  
Saving & Investing, 1:30 - 3:00 pm

Classes, times and locations are subject to change. Call for details.

Army Community Service (ACS)  
Financial Readiness Branch (FRB)  
254-287-2489



**AER CAREER SKILLS PROGRAM ASSISTANCE**

**Army Emergency Relief offers 100% grants to support Soldiers in the Army Career Skills Program**

AER can help with CSP Expenses:

**BEFORE CSP**, including travel expenses, purchase of business attire/uniforms/tools

**DURING CSP**, including lodging, basic living expenses, and other related costs

**AFTER CSP**, including relocation prior to ETS to accept a position, and initial rent and deposit

To learn more, visit  
[www.aerhq.org/news/cspassistance](http://www.aerhq.org/news/cspassistance)

Up to **\$1,000** in assistance

## Workshops, Activities and Trainings

# Army Community Service

*Real-Life Solutions for Successful Army Living*

## February 2022 Calendar of Events



*Your Connection to Community Information*

**287-4ACS (4227)**

<https://hood.armymwr.com>  
[www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)  
[www.militaryonesource.mil](http://www.militaryonesource.mil)  
1-800-342-9647



# Army Community Service Calendar of Events

## Wednesday, February 2

**R.E.A.L. Command Team SFRG Training (CDRs/1SGs)**  
9:00 am - 12:00 pm • Virtual Class • Call: 288-2794

**R.E.A.L. SFRG Foundations/Informal Fund Custodian Training**  
5:30 pm - 8:30 pm • Bldg. 18000 • Call: 288-2794

## Thursday, February 3

**R.E.A.L. SFRG Foundations / Key Contact Training**  
8:30 am - 11:30 am • Virtual Class • Call: 288-2794

## Monday - Tuesday, February 7 - 8

**Community Resource Course**  
9:00 am - 2:30 pm • Bldg. 18000 • Call: 288-2794

## Tuesday - Wednesday, February 8 - 9

**R.E.A.L. Command Family Readiness Representative (CFRR) Training**  
9:00 am - 3:30 pm • Registration Required • Call: 288-2794

## Tuesday, February 8

**Exceptional Family Member Program Orientation**  
10:00 am - 11:30 am • Registration Required • Call: 287-6070

## Wednesday, February 9

**R.E.A.L. SFRG Foundations/Volunteer Training**  
8:30 am - 12:00 pm • Bldg. 18000 • Call: 288-2794

## Thursday, February 10

**NPSP Infant Care For Parents**  
1:00 pm - 2:30 pm • Registration Required • Call: 287-2286

## Monday - Wednesday, February 14 - 16

**Rear Detachment Operations (RDO) Course**  
9:00 am - 4:30 pm • Bldg. Bldg. 18000 • Call: 288-2794

## Thursday, February 17

**Family Readiness Advisory Training (Sr Spouses)**  
9:00 am - 2:30 pm • Bldg. 18000 • Call: 288-2794

## Tuesday, February 22

**Rear Detachment Operations Course**  
12:30 pm - 4:30 pm • Virtual Course • Call: 288-2794

## Wednesday, February 23

**CARE Team Training**  
8:30 am - 12:00 pm • Bldg. 18000 • Call: 288-2794

**Community Services Council Meeting**  
10:30 am - 12:00 pm • Bldg. 5764 • Call: 553-1593

## Monday, February 28

**Resilience Skills**  
11:30 am - 1:00 pm • Registration Required • Call: 288-2794

## Monday - Tuesday, February 28 - March 1

**Community Resource Course**  
9:00 am - 2:30 pm • Bldg. 18000 • Call: 288-2794

## Monthly Recurring Classes and Workshops

### Tuesday, February 1, 8, 15, & 22

**NPSP Infant Massage**  
9:30 am - 10:30 am • Registration Required • Call: 287-2286

**Family Violence Prevention Training (PT)**  
9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Call: 288-2092

### Wednesday, February 2 & 23

**Explore, Learn, and Play "Storybook & Craft Time"**  
10:00 am - 10:30 am • Registration Required • Call: 287-2286

### Thursday, February 3 & 17

**Blended Families Workshop**  
9:00 am - 12:00 pm • Bldg. 18000 • Call: 287-5066

### Tuesday, February 8 & 22

**Volunteer Management Information System (VMIS) Organization Point of Contact (OPOC) Training**  
10:00 am - 11:30 am • Virtual Class • Call: 287-2327

## RESOURCE SPOTLIGHT

**Not sure what to do with those extra tax funds this year?**

Contact ACS Financial Readiness for help at (254) 287-2489



Army Community Service Family Advocacy Program

**BOOT CAMP**

**For New and Expectant Dads**

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

**For more information and to register:**  
Call the New Parent Support Program  
(254) 287-2286

**Some of the topics to be covered are:**

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com



Fort Hood Army Community Service - Family Advocacy Program

## RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held the 2<sup>nd</sup> Wednesday of every month, 9:00 a.m. - 4:00 p.m.

**To Register:**  
Call: (254) 618-7584/288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092



Certified technicians will provide up-to-date information about car seat installations & hands-on education or your child's safety.

More Than 90% of car seats are not used correctly!  
How confident are you?  
Make sure your child is riding safely.

**Sprocket Auto Craft Center**  
Bldg. 9118, at the corner of Old Brazos Ave. & 20th Street

**2<sup>nd</sup> & 4<sup>th</sup> Friday of every month, 9:00 a.m. - 12:00 p.m.**

To schedule an appointment, please call (254) 287-6305 / 288-2092 / 287-1763 or email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092

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Open to all DOD ID Card Holders

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

Army Community Service / Family Advocacy Program

## Stress, Anger & Conflict Management Workshop

**2<sup>nd</sup> & 4<sup>th</sup> Thursday of every month 9:00 a.m. - 4:30 p.m.**  
Registration Required

**To Register:** Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil



Fort Hood Army Community Service • Family Advocacy Program

## Common Sense PARENTING

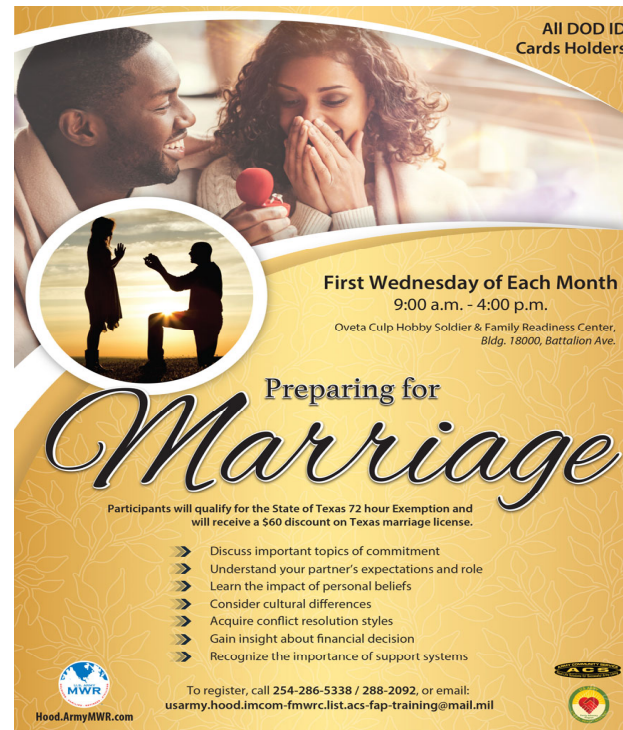
Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior, and to teach their children alternatives to problem behavior.

Classes are held on 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of every month, 9:30 a.m. - 11:30 a.m.

**To Register:**  
Call: (254) 618-7433/288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

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All DOD ID Cards Holders

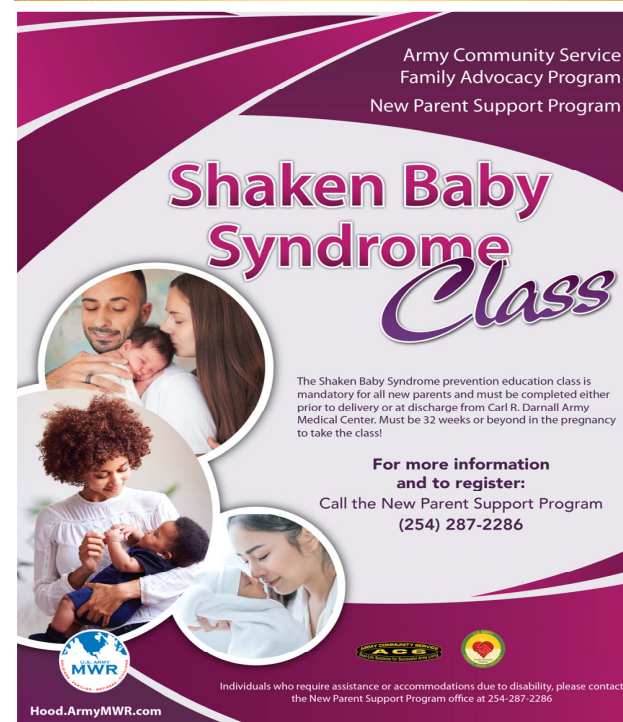
**First Wednesday of Each Month 9:00 a.m. - 4:00 p.m.**  
Oveta Culp Hobby Soldier & Family Readiness Center, Bldg. 18000, Battalion Ave.

## Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

**To register,** call 254-286-5338 / 288-2092, or email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil



Army Community Service Family Advocacy Program

## Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

**For more information and to register:**  
Call the New Parent Support Program (254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286