

## Helpful ACS Numbers

|   |                                   |
|---|-----------------------------------|
| ACS Volunteer Program / Army Volunteer Corps  | 287-8657<br>287-2327<br>553 -3101 |
| Army Emergency Relief (AER) / Emergency Financial Assistance  |                                   |
| Financial Readiness Branch / Consumer Affairs   | 287-CITY (2489)                   |
| Financial Management Classes, Personal Financial Counselors   |                                   |
| Army Family Action Plan / Army Family Team Building   | 287-1127                          |
| Employment Readiness Program  | 287-6067                          |
| Job Search Assistance, Resume Writing   | 288-2089                          |
| Exceptional Family Member Program (EFMP)  | 287-6070                          |
| Family Advocacy Program (FAP) / Relationship Enrichment, Preparing for Marriage, Common Sense Parenting | 286-6774<br>286-6775              |
| Family Assistance Center (FAC)  | 288-7570                          |
| Military Family Life Counseling (MFLC)  | 553-4705                          |
| Mobilization, Deployment & Stability Support Operations   | 288-2794                          |
| SFRG Training, Resilience, Community Resource Course  |                                   |
| New Parent Support Program  | 287-2286                          |
| Infant Care, Play Mornings, Shaken Baby, Daddy Bootcamp   |                                   |
| Soldier and Family Assistance Center  | 286-5768                          |

## 24/7 Hotlines

|   |  |
|---|--|
| Commanding General (CG) Hotline                   | 254. 618.7486                                  |
| Reporting Domestic Violence or Child Abuse        | 254. 287.CARE (2273)<br>National 800. 422.4453 |
| Assistance for Victims of Domestic Violence       | 254. 702.4953<br>National 800. 799.7233        |
| Suicide Prevention                                | National 800. 273.8255<br>or Dial 988          |
| Sexual Harassment / Sexual Assault (SHARP)        | 254. 319.4671<br>National 877. 995.5247        |
| EO and Harassment Hotline                         | 254. 291.5717                                  |
| Veterans Crisis Line                              | National 800. 273.8255<br>(press 1)            |
| Housing / Barracks Life / Health / Safety Hotline | 254. 206.1157                                  |
| Duty Chaplain Hotline                             | 254. 289.2531                                  |

## ACS Locations

- Bldg. 36000 - Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051 - Soldier and Family Assistance Center
- Bldg. 18000 - Mobilization, Deployment & Stability Support Operations



TRAINING AND OUTREACH



ACS WEBPAGE

Fort Hood Army Community Service  
Exceptional Family Member Program

Open to Military Families with Special Needs

**EFMP Family Support**

**RESOURCE CONNECTIONS SUPPORT GROUP**

• This is for parents/children who have a disability and desire to make connections with others and share their knowledge  
• Obtain information through Subject Matter Expert (SME) guest speakers  
• Connect with EFMP Staff for information and resources

2nd Wednesday of each month  
9:30 a.m. — 10:30 a.m.  
(Registration Required for Participation)

For more information and to register (254) 287-6070 or email: [usarmy.hood.imcom-fmwrc-list.ACS-EFMP@mail.mil](mailto:usarmy.hood.imcom-fmwrc-list.ACS-EFMP@mail.mil)  
Individuals who require assistance or accommodation due to a disability, please call the ACS SFRG office at (254) 287-2794

ACS - Exceptional Family Member Program

ACS - Exceptional Family Member Program

**EFMP ORIENTATION**

2nd Tuesday of the Month  
10:00 a.m. – 11:30 a.m.

Learn about community resources, respite care, advocacy, programs and services available for Military Families with special needs.

Shoemaker Center, Building 36000, 2nd Floor, Shoemaker Lane

For more information and to register, call (254) 287-6070 or Email: [usarmy.hood.imcom-fmwrc-efmp@army.mil](mailto:usarmy.hood.imcom-fmwrc-efmp@army.mil)

Individuals who require assistance or accommodations due to a disability, contact providing program.

Fort Hood Army Community Service - Soldier and Family Readiness Branch

Open to All DoD ID Cardholders

**RESILIENCE SKILLS**

Learn skills that will help you adapt to the everyday ups and downs of military life.

1st & 2nd Thursday of Each month  
10:00 a.m. - 11:30 a.m.

For more information and to Register call (254) 288-2794 or email [usarmy.hood.imcom-fmwrc-list.sfrb@mail.mil](mailto:usarmy.hood.imcom-fmwrc-list.sfrb@mail.mil)

Individuals who may require assistance or accommodations due to disability, call ACS SFRG at (254) 288-2794

Fort Hood Army Volunteer Corps

Volunteer Management Information System (VMIS)

**Organization Point of Contact (OPoC) TRAINING CY 2023**

This training provides step-by-step instruction on how to use VMIS to track volunteers and maintain volunteer records.

10:00 am – 11:30 am

|                  |                   |                  |
|------------------|-------------------|------------------|
| February 14 & 28 | June 13 & 27      | October 10 & 24  |
| March 14 & 28    | July 11 & 25      | November 14 & 28 |
| April 11 & 25    | August 8 & 22     | December 12 & 26 |
| May 9 & 23       | September 12 & 26 |                  |

For more information and to register, call (254) 287-2327, 287-8657 or Email: [usarmy.hood.imcom-fmwrc-list.AVC@army.mil](mailto:usarmy.hood.imcom-fmwrc-list.AVC@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS AVC at (254) 287-2327

Follow us on Facebook

ACS / Mobilization, Deployment & Stability Support Operations (MD&SSO)

**CY 2023**

**COMMUNITY RESOURCE COURSE**

9:00 am – 2:30 pm

|                |              |                |
|----------------|--------------|----------------|
| January 9 – 10 | May 1 – 2    | August 28 – 29 |
| February 6 – 7 | June 5 – 6   | October 2 – 3  |
| March 6 – 7    | July 10 – 11 | November 6 – 7 |
| April 3 – 4    | August 7 – 8 | December 4 – 5 |

Local organizations and agencies provide information on resources available to enhance greater self-reliance.

**CASUALTY RESPONSE (CARE) TEAM TRAINING**

| VIRTUAL           | IN-PERSON          |
|-------------------|--------------------|
| January 25        | February 22        |
| March 29          | April 26           |
| May 24            | June 21            |
| July 12           | August 23          |
| September 27      | October 4          |
| November 8        | December 13        |
| 5:30 pm – 8:30 pm | 8:30 am – 12:00 pm |

Addresses the roles, responsibilities, and functions of CARE Team volunteers. Explains the support partnership between command and volunteers in the event of a crisis.

For more information and to register, call (254) 288-2794 or Email: [usarmy.hood.imcom-fmwrc-list.SFRB@army.mil](mailto:usarmy.hood.imcom-fmwrc-list.SFRB@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS MDSSO at (254) 288-2794

Follow us on Facebook

**Soldier and Family Readiness Group Training (SFRG) CY 2023**

**KEY CONTACT TRAINING**

|               |              |
|---------------|--------------|
| • January 5   | • February 2 |
| • March 2     | • April 6    |
| • May 4       | • June 1     |
| • July 6      | • August 3   |
| • September 7 | • August 31  |
| • November 2  | • October 5  |
|               | • December 7 |

5:30 pm – 8:30 pm Virtual  
8:30 am – 11:30 am In-Person

Addresses the roles and responsibilities, call management and expectations of Key Contact volunteers through scenarios and resource discussion.

**VOLUNTEER TRAINING**

|                |               |
|----------------|---------------|
| • January 10   | • February 9  |
| • March 7      | • April 12    |
| • May 9        | • June 7      |
| • July 11      | • August 9    |
| • September 12 | • October 11  |
| • November 8   | • December 13 |

5:30 pm – 8:30 pm Virtual  
8:30 am – 12:00 pm In-Person

Identifies daily operations, practices and expectations for new Volunteers, Soldiers and Family members.

**COMMAND TEAM TRAINING (CDB/150s)**

|              |                |
|--------------|----------------|
| • January 11 | • August 2     |
| • February 1 | • September 13 |
| • March 8    | • October 4    |
| • April 5    | • November 1   |
| • June 14    | • December 6   |
| • July 12    |                |

9:00 am – 12:00 pm Virtual

Addresses partnership roles, reviews funding basics, volunteer management and recruiting concepts.

**INFORMAL FUND CUSTODIAN**

|              |               |
|--------------|---------------|
| • February 1 | • January 4   |
| • April 5    | • March 1     |
| • June 7     | • May 3       |
| • August 2   | • July 5      |
| • October 4  | • September 6 |
| • December 6 | • November 2  |

5:30 pm – 8:30 pm In-Person  
8:30 am – 11:30 am Virtual

Highlights fundraising do's, don'ts and responsibilities.

For more information and to register, call (254) 288-2794 or Email: [usarmy.hood.imcom-fmwrc-list.SFRB@army.mil](mailto:usarmy.hood.imcom-fmwrc-list.SFRB@army.mil)

Individuals who require assistance or accommodation due to a disability, contact ACS MDSSO at (254) 288-2794

Follow us on Facebook

**ARMY COMMUNITY SERVICE ACS**  
Real-Life Solutions for Successful Army Living

**FORT HOOD**

**ARMY COMMUNITY SERVICE**

*Real-Life Solutions for Successful Army Living*

## TRAINING AND OUTREACH INITIATIVES

# February 2023



*Your Connection to Community Information*

## 287-4ACS (4227)

<https://facebook.com/FHFamilyPrograms>  
<https://hood.Army.mwr.com>  
[www.armyfamilywebportal.com](http://www.armyfamilywebportal.com)  
[www.militaryonesource.mil](http://www.militaryonesource.mil)  
 1-800-342-9647





**Tuesday, Wednesday, February 14-15**  
**Command Family Readiness Representative Training**  
9:00 am - 3:30 pm • Registration Required • Call: 288-2794

**Wednesday, February 22**  
**Community Services Council Meeting**  
10:30 am - 12:30 pm • Bldg. 5764 • Call: 287-4471

Open to All  
DOD ID Card Holders

# Financial Readiness Workshops

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday**  
Budget & Debt Management, 9:30 - 11:00 am  
Credit Booster, 1:30 - 3:00 pm

**2<sup>nd</sup> Tuesday**  
Saving & Investing, 1:30 - 3:00 pm

Classes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)  
Financial Readiness Branch (FRB)  
254-287-2489

Shoemaker Center, Bldg. 36000, 2nd Floor, Room N212

Hood.ArmyMWR.com

## Fort Hood Employment Readiness PROGRAM



### 2023 CAREER TRAINING

**Navigating USAJOBS and Creating Your Federal Resume**

Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

**10:00 am - 11:30 am**

|           |           |           |
|-----------|-----------|-----------|
| Jan 5, 18 | May 4, 17 | Sep 7, 20 |
| Feb 2, 15 | Jun 1, 21 | Oct 5, 18 |
| Mar 2, 15 | Jul 6, 19 | Nov 2, 15 |
| Apr 6, 19 | Aug 3, 16 | Dec 7, 20 |

Workforce of Central Texas,  
300 Cheyenne Drive, Killeen

Shoemaker Center,  
36000 Shoemaker Ln, 2nd Floor

For information and to register, call (254) 288-2092 or  
Email: [usarmy.hood.incom-fmwrc.list.acs-erb@army.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-erb@army.mil)

Hood.ArmyMWR.com

## Fort Hood Army Community Service - Family Advocacy Program

# Relationship Enrichment Workshop

Building a Healthy Relationship  
Discovering Your Personality  
Understanding Expectations in Your Relationship  
Improving Communication & Intimacy  
Supporting Your Partner

Classes are held  
the 2<sup>nd</sup> Wednesday of every month,  
9:00 a.m. - 4:00 p.m.

To Register:  
Call: (254) 618-7884/288-2092 or Email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@army.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@army.mil)

Hood.ArmyMWR.com

## ACS - Family Advocacy Program

# Family Violence Prevention Training

Soldiers are required to attend one 90-minute training session per fiscal year. Family members and DA Civilians are encouraged to attend.

**Tuesdays**  
9:30 a.m. - 1:00 a.m.  
or  
1:30 p.m. - 3:00 p.m.  
People First Center  
S. 65th St., Bldg. 4501

Additional training dates and locations are available upon Unit / Agency request

For additional information call: (254) 288-2092 or Email:  
[usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Hood.ArmyMWR.com

## Fort Hood Army Community Service - Family Advocacy Program

# Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders

**First Wednesday of Each Month**  
9:00 a.m. - 4:00 p.m.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decisions
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com

## CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

Certified technicians will provide up-to-date information about car seat installations & hands-on education or your child's safety.

More than 90% of car seats are not used correctly!  
How confident are you?  
Make sure your child is riding safely.

Sprocket Auto Craft Center  
Bldg. 9138, at the corner of Old Roundbay Ave. & 20th Street

**2<sup>nd</sup> & 4<sup>th</sup> Friday of every month,**  
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call  
(254) 287-6505 / 288-2092 / 287-1763  
or email: [usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com

## Fort Hood Army Community Service - Family Advocacy Program

# Stress, Anger & Conflict Management Workshop

• Signs and symptoms of stress  
• Stress management techniques  
• Anger and conflict management

**2<sup>nd</sup> & 4<sup>th</sup> Thursday of every month**  
9:00 a.m. - 4:30 p.m.  
Registration Required

To Register: Call: (254) 618-7827 / 288-2092 or Email: [usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com

## Fort Hood Army Community Service • Family Advocacy Program

# Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2<sup>nd</sup> & 4<sup>th</sup> Wednesday** of every month,  
9:30 a.m. - 11:30 a.m.

To Register:  
Call: (254) 618-7443/288-2092 or Email:  
[usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil)

Hood.ArmyMWR.com

## Army Community Service / Family Advocacy Program

# Blended Families Workshop

Education and support for any family

**1<sup>st</sup> and 3<sup>rd</sup> Thursday of Each Month**  
9:00 am - 12:00 pm

Topics include:

- Defining family member roles
- Navigating relationships or marriage
- Strategies for overcoming everyday challenges
- Building healthy connections and loving bonds

For more information and to register, call (254) 287-5066 or email: [usarmy.hood.id-readiness.list.acs-fap-training@army.mil](mailto:usarmy.hood.id-readiness.list.acs-fap-training@army.mil)

Hood.ArmyMWR.com

## EXPLORE LEARN & PLAY

Educational, fun activities for children  
Interactive play capitalizing on developing social and motor skills  
Opportunity for parents to network, learn and share experiences

**Wednesdays**  
9:30 am - 11:00 am

For more information call: (254)287-2286

Bronco Youth Center  
Bldg. 6602 Tank Destroyer Blvd

Hood.ArmyMWR.com

## Army Community Service Family Advocacy Program

# New Parent Support Program

# Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:  
Call the New Parent Support Program  
(254) 287-2286

Hood.ArmyMWR.com

## Fort Hood Army Community Service FAP | New Parent Support Program

# Infant Care

Every 2<sup>nd</sup> Thursday of the month, 1:00 p.m. – 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

Hood.ArmyMWR.com

## Topics Include

- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

Hood.ArmyMWR.com

For more information or to register, call (254) 287-2286  
Email: [usarmy.hood.incom-fmwrc.list.acs-npsp@mail.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-npsp@mail.mil)

Individuals who require accommodation due to a disability, please contact ACS FAP, NPSP

ACS FAP CSTD #1

VERSION 2

## Army Community Service Family Advocacy Program

# BOOT CAMP

For New and Expectant Dads

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping Strategies for crying infants and small children

For more information  
Call the New Parent Support Program  
(254) 287-2286

Individuals who require assistance or accommodation due to a disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com

## Open to Military Families with Special Needs

## FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (Academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance Information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email [usarmy.hood.incom-fmwrc.list.acs-EFMP@army.mil](mailto:usarmy.hood.incom-fmwrc.list.acs-EFMP@army.mil)

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at 254-287-6070

Hood.ArmyMWR.com