

Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines


Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center
- Bldg. 36000 - Shoemaker Center, 2nd Floor
- Bldg. 36051 - Soldier and Family Assistance Center

Open to All
DOD ID Card Holders

Financial Readiness Workshops



1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

Closes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489

Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch.

Hood ArmyMWR.com

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM



EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.
Virtual class
(Registration Required for Participation)

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodations due to a disability, please call the ACS EFMP office at (254) 287-6070.


HOOD.ArmyMWR.com

**Fort Hood is hosting a
FREE STOMP Virtual
Workshop**

This free workshop is designed to provide information and resources to EFMP military families and individuals with disabilities, to help them access and navigate the educational and medical services.

Registration is open to all Army Families!
(active duty, retirees, reserve, & DoD personnel)

All military branches can register and attend on space available option.



You will...

- Get information on your educational rights as a parent of a child with a disability
- Learn what services are available to you through your TRICARE, ECHO, ABA benefits
- Learn about your local and community resources
- Have the opportunity to share solutions, ideas, and connect with other parents and professionals

Workshop Dates and Times
All Times Central Standard Time

Date: June 7th, 2021 Time: 9am-11am CST Topics: Parents Rights (IDEA, IFSP, IEP, & IEP Teams)	Date: June 8th, 2021 Time: 9am-11am CST Topics: PCS Tips and Writing SMART Goals
Date: June 9th, 2021 Time: 9am-11am CST Topics: TRICARE, ECHO, ABA & Medicaid	Date: June 10th, 2021 Time: 9am-11am CST Topics: 504 & Transition Planning

Register for the topics you want to attend.

Space is limited!

To Register: <https://www.tfaforms.com/4898106>
Virtual platform used is Zoom.

Questions about workshop or registration contact:
407-419-1559

"Lazy Days of SUMMER"

Fort Hood Army Community Service
Soldier & Family Readiness Branch

June 12, 2021
10 a.m. - 2 p.m.

III Corps & Fort Hood Family Programs page:
<https://facebook.com/FHFamilyPrograms>

Virtual Resilience Expo

- MWR Activity Updates
- Agency Information
- Virtual Pet Adoption
- Landscape Care Guide
- Summer Treat Ideas
- Craft: Summer Wreath


For more information or to register, call 254-288-2794 or online at the III Corps & Fort Hood Family Programs Facebook page.

Hood.ArmyMWR.com

Individuals who require assistance or accommodations due to a disability, contact the ACS SFRB at 254-288-2794

ARMY FAMILY ACTION PLAN

"BE AN AGENT OF CHANGE"



IF IT'S A PROGRAM OR SERVICE, AFAP CAN IMPROVE IT.
IF IT'S A POLICY OR REGULATION, AFAP CAN CHANGE IT.
IF IT'S A LAW, AFAP CAN AMEND IT.

The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions. It's the best way to let Army leadership know about what works, what doesn't, and how you think problems can be resolved.

PROVEN RESULTS

- TRANSFERABILITY OF POST 9/11 GI BILL BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS
- BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (TBI) REHABILITATION PROGRAM
- IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
- FEDERAL EMPLOYMENT MILITARY SPOUSE PREFERENCE

How can you submit an issue?

Issues are accepted year-round
email: usarmy.hood.incom-fmwrc.list.ACS-AFAP@mail.mil

For additional information or to become a part of the AFAP process, call 254-287-1127
hood.armymwr.com/programs/army-family-action-plan

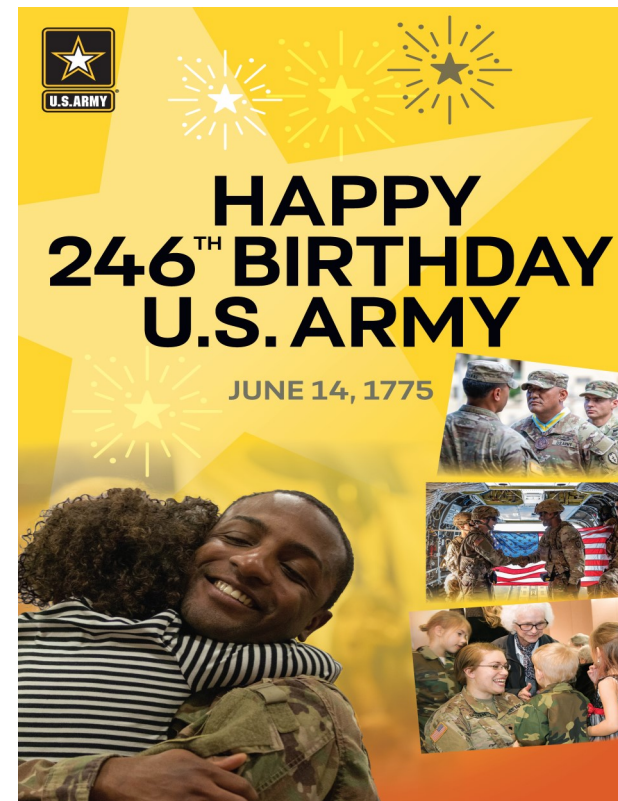


Workshops, Activities and Trainings

Army Community Service

Real-Life Solutions for Successful Army Living

June 2021 Calendar of Events



HAPPY 246TH BIRTHDAY U.S. ARMY

JUNE 14, 1775

Your Connection to Community Information

287-4ACS (4227)

<https://hood.armymwr.com>
www.armyfamilywebportal.com
www.militaryonesource.mil

1-800-342-9647



Army Community Service Calendar of Events

Tuesday, June 1

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training
5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Thursday, June 3

Resilience Skills (Challenges and Leadership)
11:30 am – 1:00 pm • Virtual class • Call: 288-2794

Monday, June 7 – Tuesday, June 8

Community Resource Course
9:00 am – 2:30 pm • Virtual class • Call: 288-2794

Monday, June 7 – Thursday, June 10

EFMP Specialized Training of Military Parents (STOMP)
9:00 am – 11:00 am • Virtual class • Call: 287-6070

Monday, June 7

Installation Volunteer of the Year (VOY) Ceremony
6:30 pm – 8:30 pm • Club Hood • Call: 287-2327

Tuesday, June 8

R.E.A.L. SFRG Foundations/ Volunteer Training
8:30 am – 2:30 pm • Virtual class • Call: 288-2794

Exceptional Family Member Program Orientation
10:00 am – 11:30 am • Virtual class • Call: 287-6070

Wednesday, June 9

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)
9:00 am – 12:00 pm • Virtual class • Call: 288-2794

Thursday, June 17

CARE Team Training
8:30 am – 12:00 pm • Virtual class • Call: 288-2794

Family Readiness Advisor Training (Senior Spouse)
9:00 am – 2:00 pm • Virtual class • Call: 288-2794

Tuesday, June 22 – Wednesday, June 23

R.E.A.L. Command Family Readiness Representative (CFRR) Training
9:00 am – 3:30 pm • Virtual class • Call: 288-2794

Monthly Recurring Classes and Workshops

Tuesday, June 1, 8, 15 & 22

Infant Massage
9:30 am – 10:30 am • Virtual class • Call: 287-2286

Family Violence Prevention Training (PT)
9:30 am – 11:00 am, 1:30 pm - 3:00 pm •
Palmer Theater • Call 288-2092

Thursday, June 3 & 17

Blended Families Workshop
9:00 am – 12:00 pm • Virtual class • Call: 287-5066

Tuesday, June 8 & 22

Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training
10:00 am – 11:30 am • Virtual class • Call: 287-2327

Army Community Service
Family Advocacy Program

For more information
and to register:
Call the New Parent Support Program
(254) 287-2286

BOOT CAMP

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com

Open to all
DOD ID Card Holders

• Signs and symptoms of stress
• Stress management techniques
• Anger and conflict management

Stress, Anger & Conflict Management Workshop

Army Community Service / Family Advocacy Program

2nd and 4th Thursday
of each month
9:00 a.m. - 4:30 p.m.

Virtual Class
(Registration required for participation)

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on **2nd & 4th Tuesday** of every month,
9:30 a.m. - 11:30 a.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7443/288-2092 or Email:
usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at 254-288-2092

Fort Hood Army Community Service
Family Advocacy New Parent Support Program

Virtual Infant Care for Parents

2nd Thursday
of each month
1:00 p.m. - 2:30 p.m.

New and Expecting Parents join us
and learn about basic care for infants.

- Infant Feedings and Feeding Schedules
- Burping
- Bathing
- Umbilical Cord Care
- Diapering and Changing
- Swaddling
- Soothing Techniques of Crying Infants

For more information and to register: Call (254) 287-2286
Email: usarmy.hood.incom-fmwrc.list.acs-NSPS@mail.mil

Hood.ArmyMWR.com

Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held
the **2nd Wednesday** of every month,
9:00 a.m. - 4:00 p.m.

Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7504/288-2092 or Email:
usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at 254-288-2092

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

Learn specific skills that help advance personal or professional development

- Military Life...What Does it Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Registration Required

1. Level I: Military Knowledge (10) Describe how to develop Army awareness, utilize community resources, attain better financial readiness, and understand the good and bad of the Army environment.
2. Level II: Personal Growth and Resilience (10) Develop how to transform and grow, how to solve problems, and how to become personally resilient.
3. Level III: Leadership Development (10) Explore the Army and civilian life, experience leadership skills and effective communication techniques and learning to create others into valuable positions.

Contact the AFTR office for questions or for additional information: 254-287-1127 or Email: usarmy.hood.incom-fmwrc.list.acs-aftr@mail.mil

Hood.ArmyMWR.com

Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information
and to register:
Call the New Parent Support Program
(254) 287-2286

Hood.ArmyMWR.com

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Fort Hood Army Community Service
Exceptional Family Member Program

EFMP Family Support

Open to Military Families
with Special Needs

RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month
11:30 a.m. – 12:30 p.m.
Virtual
(Registration Required for Participation)

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge
- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.acs-EFMP@mail.mil
Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at 254-287-6070

Fort Hood Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

Virtual Class
(Registration Required for Participation)

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decision
- Recognize the importance of support systems

All DOD ID Cards Holders
First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Hood.ArmyMWR.com