

Helpful ACS Numbers

ACS Main Office 287-4ACS (4227)

ACS Volunteer Program / Army Volunteer Corps	287-VOLS (8657)
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP)	287-AFAP (2327)
Army Family Team Building (AFTB)	286-6600
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center
- Bldg. 36000 - Shoemaker Center, 2nd Floor
- Bldg. 36051 - Soldier and Family Assistance Center

Open to All
DOD ID Card Holders

Financial Readiness Workshops

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

Courses, times, and locations are subject to change. Call for details.

Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489

Individuals who require assistance or accommodations due to a disability, contact Financial Readiness Branch

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.
Virtual class
(Registration Required for Participation)

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Fort Hood Army Community Service
Exceptional Family Member Program

Open to Military Families
with Special Needs

EFMP Family Support

RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month
11:30 a.m. – 12:30 p.m.
Virtual
(Registration Required for Participation)

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge
- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: usarmy.hood.incom-fmwrc.list.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.



Workshops, Activities
and Trainings

Army Community Service
Real-Life Solutions for Successful Army Living

May 2021
Calendar of Events



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
ArmyMWR.com/survivor-outreach



Your Connection to Community Information

287-4ACS

<https://hood.Armymwr.com>
www.armyfamilywebportal.com
www.militaryonesource.mil
1-800-342-9647



MILITARY SPOUSE APPRECIATION DAY • MAY 7TH

Army Community Service Calendar of Events

Monday, May 3 – Tuesday, May 4

Community Resource Course

9:00 am – 2:30 pm • Virtual class • Call: 288-2794

Tuesday, May 4

R.E.A.L. SFRG Foundations/ Informal Fund Custodian Training

8:30 am – 11:30 am • Virtual class • Call: 288-2794

Thursday, May 6

Resilience Skills (Character Strengths)

11:30 am – 1:00 pm • Virtual class • Call: 288-2794

Friday, May 7

Military Spouse Appreciation Day

9:00 am – 1:00 pm • Apache Arts and Crafts • Call: 287-2327

Tuesday, May 11

Exceptional Family Member Program Orientation

10:00 am – 11:30 am • Virtual class • Call: 287-6070

Tuesday, May 11 – Wednesday, May 12

R.E.A.L. SFRG Foundations/ Volunteer Training

5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Wednesday, May 12

R.E.A.L. Command Team SFRG Training (CDR's/1SGs)

9:00 am – 12:00 pm • Virtual class • Call: 288-2794

CARE Team Training

5:30 pm – 8:30 pm • Virtual class • Call: 288-2794

Thursday, May 13

Newborn Infant Care for Parents

1:00 pm – 2:30 pm • Virtual class • Call: 287-2286

Tuesday, May 18 – Wednesday, May 19

R.E.A.L. Command Family Readiness Representative (CFRR) Training

9:00 am – 3:30 pm • Virtual class • Call: 288-2794

Thursday, May 20

Family Readiness Advisor Training

9:00 am – 2:00 pm • Virtual class • Call: 288-2794

Monthly Recurring Classes and Workshops

Tuesday, May 4, 11, 18 & 25

Infant Massage

9:30 am – 10:30 am • Virtual class • Call: 287-2286

Family Violence Prevention Training (PT)

9:30 am – 11:00 am, 1:30 pm - 3:00 pm •

Palmer Theater • Call 288-2092

Wednesday, May 5 & 26

Explore, Play, and Learn Storybook & Craft Time

10:00 am – 10:30 am • Virtual class • Call: 287-2286

Thursday, May 6 & 20

Blended Families Workshop

9:00 am – 12:00 pm • Virtual class • Call: 287-5066

Tuesday, May 11 & 25

Volunteer Management Information System (VMIS), Organization Point of Contact (OPOC) Training

10:00 am – 11:30 am • Virtual class • Call: 287-2327

Open to all DOD ID Card Holders

Signs and symptoms of stress
Stress management techniques
Anger and conflict management

Army Community Service / Family Advocacy Program

Stress, Anger & Conflict Management Workshop

2nd and 4th Thursday of each month
9:00 a.m. - 4:30 p.m.
Virtual Class
(Registration required for participation)

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Army Community Service
Family Advocacy Program

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

BOOT CAMP

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to a disability, please contact the New Parent Support Program office at 254-287-2286

Hood.ArmyMWR.com

Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the 2nd Wednesday of every month, 9:00 a.m. - 4:00 p.m.
Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7584/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092

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Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Tuesday of every month, 9:30 a.m. - 11:30 a.m.
Virtual Class
(Registration Required for Participation)

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

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All DOD ID Cards Holders

Fort Hood Army Community Service
Family Advocacy Program

First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.
Virtual Class
(Registration Required for Participation)

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decisions
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

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Fort Hood Army Community Service - Family Advocacy Program

Active ParentTeen

You & your Teen

Come and enhance your ability to guide your teen through their challenges. Additionally, this class will provide your teen with skills to effectively manage the challenges of adolescence and make them more capable of making good decisions.

- Motivational Parenting
- Understanding Peer Pressure
- Internet Information Safety
- Behavior Modification
- Effective Parenting Styles
- Self-Esteem Issues

For more information:
Call: (254) 288-4783 / 288-2092 or Email: usarmy.hood.incom-fmwrc.list.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092

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