

Helpful ACS Numbers

ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Legends Way
- Bldg. 36000 - Shoemaker Center, 2nd Floor, Darnall Loop
- Bldg. 36051 - Soldier and Family Assistance Center

Victims of Domestic Violence

24/7 Hotline
254-702-4953

Hood.ArmyMWR.com

EFMP Family Support

RESOURCE CONNECTIONS SUPPORT GROUP

2nd Wednesday of each month
11:30 a.m. –12:30 p.m.
(Registration Required for Participation)

• This is for parents/children who have a disability and desire to make connections with others and share their knowledge
• Obtain information through Subject Matter Expert (SME) guest speakers
• Connect with EFMP Staff for information and resources

For more information and to register (254) 287-6070 or email: usarmy.hood.lmcom-fmwrc.list.ACS-EFMP@mail.mil
Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Going through some things and need to talk to someone?

Military Family Life Counselors

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705
After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

MFLC Can HELP!!!

Hood.ArmyMWR.com

Financial Readiness Workshops

Open to All
DOD ID Card Holders

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

Classes, times, and locations are subject to change. Call for details.

Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2489

Hood.ArmyMWR.com

Happy 27th Birthday

December 16, 2021

ARMY FAMILY TEAM BUILDING

LEARN, GROW, LEAD

ARMY FAMILY TEAM BUILDING

Professional Development Courses at your fingertips.

VIRTUAL CLASS

Learn specific skills that help advance personal or professional development

- Military Life...What Does It Mean?
- Exploring Personality Traits
- Successful Team Dynamics
- Overcoming Stress
- Winning at Time Management
- Examining your Leadership Style
- Effective Communication for Leaders
- Supporting Others through Coaching and Mentoring
- And more...

Registration Required

- Level I: Military Knowledge (K)** Discover how to decipher Army acronyms, utilize community resources, attain better financial readiness, and understand the goal and impact of the Army mission on daily life
- Level II: Personal Growth and Resiliency (G)** Discover how teams form and grow, how to solve problems, and how to resolve personal conflict.
- Level III: Leadership Development (L)** Thrive in the Army and civilian life by expanding leadership skills and effective communication techniques and learning to mentor others into leadership positions.

Contact the AFTB office for questions or for additional information: **254-287-1127** or Email: usarmy.hood.lmcom-fmwrc.list.acs-aftb@mail.mil

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Workshops, Activities and Trainings

Army Community Service

Real-Life Solutions for Successful Army Living

December 2021 Calendar of Events



Your Connection to Community Information

287-4ACS (4227)

<https://hood.ArmyMWR.com>
www.armyfamilywebportal.com
www.militaryonesource.mil
1-800-342-9647



Army Community Service Calendar of Events

Wednesday, December 1

R.E.A.L. Command Team SFRG Training (CDRs/1SGs)
9:00 am - 12:00 pm • Virtual Class • Call: 288-2794

R.E.A.L. SFRG Foundations/Informal Fund Custodian Training
5:30 pm - 8:30 pm • Bldg. 18000 • Call: 288-2794

Thursday, December 2

R.E.A.L. SFRG Foundations / Key Contact Training
8:30 am - 11:30 am • Virtual Class • Call: 288-2794

Resilience Lunch & Learn (Avoid Thinking Traps)
11:30am - 1:30pm • Registration Required • Call: 287-2794

Friday, December 3

Commander/1SG Spouse Seminar
8:30 am - 12:00 pm • Bldg. 18000 • Call: 288-2794

Monday - Tuesday, December 6 - 7

Community Resource Course
9:00 am - 2:30 pm • Bldg. 18000 • Call: 288-2794

Wednesday, December 8

R.E.A.L. SFRG Foundations/Volunteer Training
8:30 am - 12:00 pm • Bldg. 18000 • Call: 288-2794

Wednesday, Thursday, December 8 - 9

R.E.A.L. CFRR Command Family Readiness Representative Training
9:00 am - 3:30 pm • Bldg. 18000 • Call: 288-2794

Thursday, December 9

NPSP Infant Care for Parents
1:00 pm - 2:30pm • Registration Required • Call: 287-2286

Monthly Resilience Skill (Avoid Thinking Traps)
8:30 am - 11:30 am • Virtual Class • Call: 288-2794

Saturday, December 11

ACS Resilience Expo
10:00 pm - 1:00 pm • Bldg. 18000 • Call: 288-2794

Tuesday, December 14

Exceptional Family Member Program Orientation
10:00 am - 11:30am • Registration Required • Call: 287-6070

Wednesday, December 15

CARE Team Training
8:30am - 12:00pm • Bldg. 18000 • Call: 288-2794

Monthly Recurring Classes and Workshops

Wednesday, December 1 & 22

Explore, Learn, and Play “Storybook & Craft Time”
10:00 am - 10:30 am • Registration Required • Call: 287-2286

Thursday, December 2 & 16

Blended Families Workshop
9:00 am - 12:00 pm • Bldg. 18000 • Call: 287-5066

Tuesday, December 7, 14, 21, & 28

Family Violence Prevention Training (PT)
9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Call: 288-2092

Tuesday, December 7, 14, 21, & 28

NPSP Infant Massage
9:30 am - 10:30 am • Registration Required • Call: 287-2286

Monday, - Wednesday December 13, - 15

Rear Detachment Operations (RDO) Course
9:00 am - 4:30 pm • Bldg. 18000 • Call: 288-2794

Tuesday, December 14 & 28

Volunteer Management Information System (VMIS)
Organization Point of Contact (OPOC) Training
10:00 am - 11:30 am • Virtual Class • Call: 287-2327

Open to all
DOD ID Card Holders

Signs and symptoms of stress
• Stress management techniques
• Anger and conflict management

2nd & 4th Thursday
of every month
9:00 a.m. - 4:30 p.m.
Registration Required

Stress, Anger
& Conflict Management
Workshop

Hood.ArmyMWR.com

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.imcom-fmwrc.lst.acs-fap-training@mail.mil

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE
EXCEPTIONAL FAMILY MEMBER PROGRAM

9:30 a.m. — 11:00 a.m.

Family Support
MONTHLY WORKSHOP
3rd Thursday of each month
9:30 a.m. — 11:00 a.m.

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.imcom-fmwrc.lst.ACS-EFMP@mail.mil

Individuals who require assistance or accommodation due to a disability, please call the ACS EFMP office at (254) 287-6070.

Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT
Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held
the 2nd Wednesday of every month,
9:00 a.m. - 4:00 p.m.

To Register:
Call: (254) 618-7584/288-2092 or Email:
usarmy.hood.imcom-fmwrc.lst.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the ACS FAP at (254) 288-2092.

Certified technicians will provide
up-to-date information about car seat
installations & hands-on education
or your child's safety.

More Than 90% of car seats are not used correctly!
How confident are you?
Make sure your child is riding safely.

Sprocket Auto Craft Center
Bldg. 9135, at the corner of Old Ironsides Ave. & 20th Street

2nd & 4th Friday
of every month,
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call
(254) 287-4505 / 288-2092 / 287-1763
or email: usarmy.hood.imcom-fmwrc.lst.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092.

Army Community Service
Family Advocacy Program
New Parent Support Program

Shaken Baby
Syndrome
Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information
and to register:
Call the New Parent Support Program
(254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Fort Hood Army Community Service - Family Advocacy Program

Preparing for
Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

All DOD ID Cards Holders
First Wednesday
of Each Month
9:00 a.m. - 4:00 p.m.

Discuss important topics of commitment
Understand your partner's expectations and role
Learn the impact of personal beliefs
Consider cultural differences
Acquire conflict resolution styles
Gain insight about financial decisions
Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email:
usarmy.hood.imcom-fmwrc.lst.acs-fap-training@mail.mil

Fort Hood Army Community Service • Family Advocacy Program

Common Sense
PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Wednesday of every month,
9:30 a.m. - 11:30 a.m.

To Register:
Call: (254) 618-7443/288-2092 or Email:
usarmy.hood.imcom-fmwrc.lst.acs-fap-training@mail.mil

Individuals who require assistance or accommodations due to a disability, please contact the Army Community Service Family Advocacy Program at (254) 288-2092.

Army Community Service
Family Advocacy Program

For more information
and to register:
Call the New Parent Support Program
(254) 287-2286

BOOT CAMP

For New and Expectant Dads

This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286