

Helpful ACS Numbers

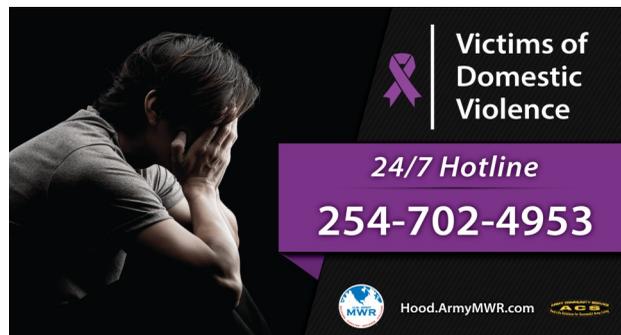
ACS Volunteer Program / Army Volunteer Corps	287-8657 287-2327
Army Emergency Relief (AER)	553-3101
Consumer Affairs Office / Financial Management Classes	287-CITY (2489)
Army Family Action Plan (AFAP) / Army Family Team Building (AFTB)	287-1127
Employment Readiness Program	287-6067 288-2089
Exceptional Family Member Program (EFMP)	287-6070
Family Advocacy Program (FAP)	286-6774 286-6775
Family Assistance Center (FAC)	288-7570
Military Family Life Counselor (MFLC)	553-4705
Mobilization & Deployment	288-2794
New Parent Support Program - Parenting Classes	287-2286
Soldier and Family Assistance Center	286-5768

24/7 Hotlines

Commanding General (CG) Hotline	254. 618.7486
Reporting Domestic Violence or Child Abuse	254. 287.CARE (2273) National 800. 422.4453
Assistance for Victims of Domestic Violence	254. 702.4953 National 800. 799.7233
Suicide Prevention	National 800. 273.8255
Sexual Harassment / Sexual Assault (SHARP)	254. 319.4671 National 877. 995.5247
EO and Harassment Hotline	254. 291.5717
Veterans Crisis Line	National 800. 273.8255 (press 1)
Housing / Barracks Life / Health / Safety Hotline	254. 206.1157
Duty Chaplain Hotline	254. 289.2531

ACS Locations

- Bldg. 18000 - Oveta Culp Hobby Soldier & Family Readiness Center, Legends Way
- Bldg. 36000 - Shoemaker Center, 2nd Floor, Shoemaker Lane
- Bldg. 36051 - Soldier and Family Assistance Center



Victims of Domestic Violence

24/7 Hotline
254-702-4953

Hood.ArmyMWR.com



Open to all DOD ID Card Holders

- Signs and symptoms of stress
- Stress management techniques
- Anger and conflict management

2nd & 4th Thursday of every month
9:00 a.m. - 4:30 p.m.
Registration Required

Army Community Service / Family Advocacy Program

Stress, Anger & Conflict Management Workshop

To Register: Call: (254) 618-7827 / 288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil



Army Community Service Family Advocacy Program

BOOT CAMP
For New and Expectant Dads

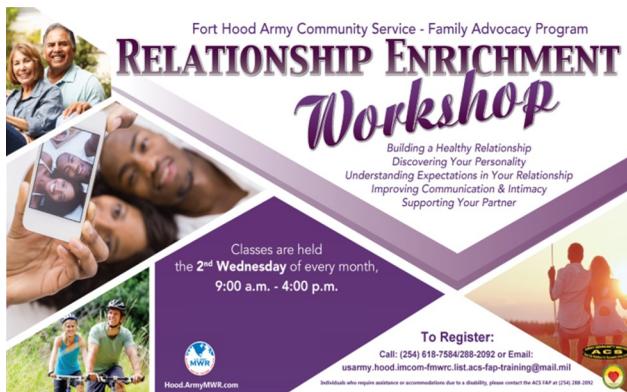
This class educates new and expectant fathers on parental roles and responsibilities, and helps them develop strategies to adopt and cope with a new baby. Boot Camp is an interactive workshop for Dads only. Hooah!

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

Some of the topics to be covered are:

- Introduction to pregnancy and lifestyle changes
- Effective strategies for helping mom and baby
- Basic infant care and bonding for dads
- Shaken Baby Syndrome prevention
- Coping strategies for crying infants and small children

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286



Fort Hood Army Community Service - Family Advocacy Program

RELATIONSHIP ENRICHMENT Workshop

Building a Healthy Relationship
Discovering Your Personality
Understanding Expectations in Your Relationship
Improving Communication & Intimacy
Supporting Your Partner

Classes are held the 2nd Wednesday of every month, 9:00 a.m. - 4:00 p.m.

To Register:
Call: (254) 618-7884/288-2092 or Email: usarmy.hood.imcom-fmwrc.list.acs-fap-training@mail.mil



Fort Hood Army Community Service FAP | New Parent Support Program

Infant Care

Every 2nd Thursday of the month, 1:00 p.m. – 2:30 p.m.

New and expectant parents learn skills that cover the basic care for infants. This class is both instructional and hands-on.

Topics Include

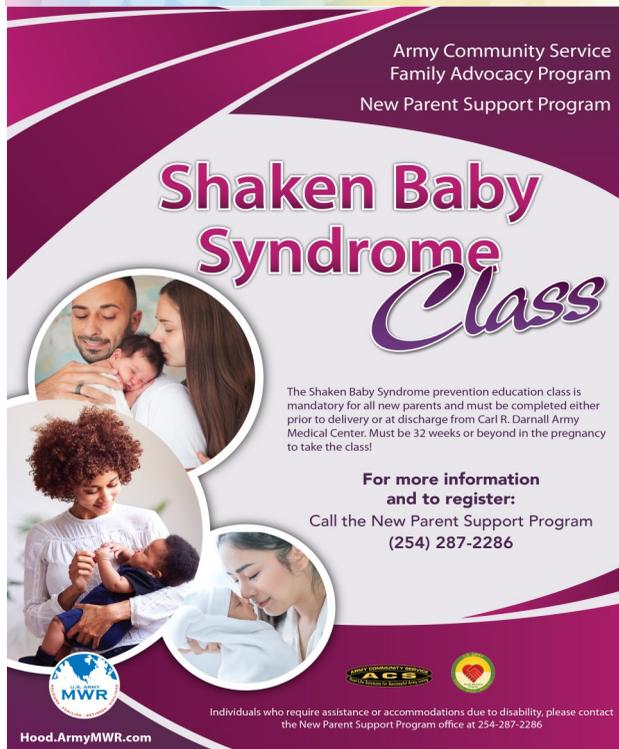
- Burping
- Umbilical cord care
- Swaddling
- Bathing
- Diapering and changing
- Soothing Techniques for the crying infant
- Infant feedings and feeding schedules

For more information or to register, call (254) 287-2286
Email: usarmy.hood.imcom-fmwrc.list.acs-npsp@mail.mil

Individuals who require accommodation due to disability, please contact ACS FAP, NPSP

ACS FAP CST# 1

VERSION 2



Army Community Service Family Advocacy Program
New Parent Support Program

Shaken Baby Syndrome Class

The Shaken Baby Syndrome prevention education class is mandatory for all new parents and must be completed either prior to delivery or at discharge from Carl R. Darnall Army Medical Center. Must be 32 weeks or beyond in the pregnancy to take the class!

For more information and to register:
Call the New Parent Support Program
(254) 287-2286

Individuals who require assistance or accommodations due to disability, please contact the New Parent Support Program office at 254-287-2286

Workshops, Activities and Trainings

Army Community Service

Real-Life Solutions for Successful Army Living

July 2022

Calendar of Events



ARMY COMMUNITY SERVICE
HAPPY BIRTHDAY

JULY 25, 1965

Your Connection to Community Information

287-4ACS (4227)

<https://facebook.com/FHFamilyPrograms>
<https://hood.ArmyMWR.com>
www.armyfamilywebportal.com
www.militaryonesource.mil
 1-800-342-9647



Army Community Service Calendar of Events

Wednesday, July 6

SFRG Foundations/Informal Fund Custodian Training

8:30 am - 11:30 am • Virtual Class • Call: 288-2794

Thursday, July 7

SFRG Foundations/Key Contact Training

5:30 pm - 8:30 pm • Bldg. 18000 • Call: 288-2794

Monday - Tuesday, July 11 - 12

Community Resource Course

9:00 am - 2:30 pm • Bldg. 18000 • Call: 288-2794

Tuesday, July 12

Exceptional Family Member Program Orientation

10:00 am - 11:30 am • Registration Required • Call: 287-6070

SFRG Foundations/Volunteer Training

5:30 pm - 8:30 pm • Virtual Class • Call: 288-2794

Wednesday, July 13

Command Team SFRG Training (CDRs/1SGs)

9:00 am - 12:00 pm • Virtual Class • Call: 288-2794

Care Team Training

5:30 pm - 8:30 pm • Virtual Class • Call: 288-2794

Thursday, July 14

Monthly Resilience Skills (Assertive Communication)

5:30 pm - 7:00 pm • Virtual Class • Call: 288-2794

Tuesday - Wednesday, July 19 - 20

Command Family Readiness (CFRR) Training

9:00 am - 3:30 pm • Bldg. 18000 • Call: 288-2794

Tuesday, July 26

Rear Detachment Operations (RDO) Course (NG/RC Only)

12:30 pm - 4:30 pm • Virtual Class • Call: 288-2794

Wednesday, July 27

Community Services Council Meeting

10:30 am - 12:00 pm • Bldg. 5764 • Call: 553-1593

Monthly Recurring Classes and Workshops

Tuesday, July 5, 12, 19, & 26

Family Violence Prevention Training (PT)

9:30 am - 11:00 am, 1:30 pm - 3:00 pm • Call: 288-2092

Wednesday, July 6 & 27

Explore, Learn, and Play "Storybook & Craft Time"

10:00 am - 10:30 am • Virtual Class • Call: 287-2286

Thursday, July 7 & 21

Blended Families Workshop

9:00 am - 12:00 pm • Bldg. 18000 • Call: 287-5066

Tuesday, July 12 & 26

Volunteer Management Information System (VMIS)

Organization Point of Contact (OPOC) Training

10:00 am - 11:30 am • Virtual Class • Call: 287-2327



Fort Hood Employment Readiness PROGRAM

Navigating USAJOBS and Creating Your Federal Resume

Interested in applying for Federal Jobs? Join us as we go through the USAJOBS website and learn tips on how to format, structure, and create detailed content for your Federal Resume.

Every 1st Thursday of the Month
9 am to 11 am
Shoemaker Center, Building 36000
2nd Floor, Room N212

This class will have limited seating.
To register, call (254) 449-3677 or email usarmy.hood.incom-fmwr.list.ACS-ERB@mail.mil

Where Career Success Begins

Fort Hood Army Community Service Exceptional Family Member Program

Open to Military Families with Special Needs

EFMP Family Support

RESOURCE CONNECTIONS SUPPORT GROUP

- This is for parents/children who have a disability and desire to make connections with others and share their knowledge
- Obtain information through Subject Matter Expert (SME) guest speakers
- Connect with EFMP Staff for information and resources

2nd Wednesday of each month
9:30 a.m. — 10:30 a.m.
(Registration Required for Participation)

For more information and to register (254) 287-6070 or email: usarmy.hood.incom-fmwr.list.ACS-EFMP@mail.mil

Open to All DOD ID Card Holders

Financial Readiness Workshops

1st and 3rd Wednesday
Budget & Debt Management, 9:30 - 11:00 am
Credit Booster, 1:30 - 3:00 pm

2nd Tuesday
Saving & Investing, 1:30 - 3:00 pm

Army Community Service (ACS)
Financial Readiness Branch (FRB)
254-287-2499

ARMY FAMILY ACTION PLAN

BE AN AGENT OF CHANGE

IF IT'S A PROGRAM OR SERVICE, AFAP CAN IMPROVE IT.
IF IT'S A POLICY OR REGULATION, AFAP CAN CHANGE IT.
IF IT'S A LAW, AFAP CAN AMEND IT.

The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions. It's the best way to let Army leadership know about what works, what doesn't, and how you think problems can be resolved.

PROVEN RESULTS

- TRANSFERABILITY OF POST 9/11 GI BILL BENEFITS TO DEPENDENTS
- FAMILY CARE PLAN PROVIDER ACCESS TO INSTALLATIONS
- PATERNITY LEAVE FOR SOLDIERS
- CREATION OF FAMILY READINESS GROUPS
- BETTER OPPORTUNITY FOR SINGLE SOLDIER (BOSS) AND ARMY FAMILY TEAM BUILDING (AFTB) PROGRAM.
- AVAILABILITY OF AUTHORIZED TRICARE PROVIDERS
- TRAUMATIC BRAIN INJURY (TBI) REHABILITATION PROGRAM
- IN-STATE COLLEGE TUITION
- AUDIO / VISUAL SURVEILLANCE IN CHILDCARE CENTERS
- FEDERAL EMPLOYMENT MILITARY SPOUSE PREFERENCE

How can you submit an issue?
Issues are accepted year-round
email-usarmy.hood.incom-fmwr.list.ACS-AFAP@mail.mil

For additional information or to become a part of the AFAP process, call 254-287-1127
hood.armymwr.com/programs/army-family-action-plan

Open to Military Families with Special Needs

FORT HOOD ARMY COMMUNITY SERVICE EXCEPTIONAL FAMILY MEMBER PROGRAM

MFLC Can HELP!!!

EFMP Family Support MONTHLY WORKSHOP

3rd Thursday of each month
9:30 a.m. — 11:00 a.m.

Topics to be covered are:

- Housing accommodation issues
- Tricare benefits information
- Post High School alternatives
- School issues (academic behaviors IEPs, ARDs and 504 plans)
- Medical Assistance information and Adaptive Technology

For more information and to register, call (254) 287-6070 or email: usarmy.hood.incom-fmwr.list.ACS-EFMP@mail.mil

Fort Hood Army Community Service • Family Advocacy Program

Common Sense PARENTING

Individuals with children 4 to 12 years old interested in discussing parenting issues will learn skills to encourage positive behavior, discourage negative behavior and to teach their children alternatives to problem behavior.

Classes are held on 2nd & 4th Wednesday of every month,
9:30 a.m. - 11:30 a.m.

To Register:
Call: (254) 618-7443/288-2092 or Email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil

CAR SEAT SAFETY INSPECTION

Rear Facing • Forward Facing • Booster • Seatbelt

2nd & 4th Friday of every month,
9:00 a.m. - 12:00 p.m.

To schedule an appointment, please call (254) 287-6050 / 288-2092 / 287-1763 or email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil

Going through some things and need to talk to someone?

Military Family Life Counselors

MFLCs are licensed professional clinicians. Non-medical counseling services are provided onsite to walk-ins, telephonically and virtually with Zoom video for Military Personnel and their Families.

For assistance:
Monday - Friday from 8am - 5pm
Call 254-553-4705
After 5pm or anytime Saturday and Sunday
Military OneSource (800) 342-9647

Fort Hood Army Community Service - Family Advocacy Program

Preparing for Marriage

Participants will qualify for the State of Texas 72 hour Exemption and will receive a \$60 discount on Texas marriage license.

Oveta Culp Hobby Soldier & Family Readiness Center

All DOD ID Cards Holders

First Wednesday of Each Month
9:00 a.m. - 4:00 p.m.

- Discuss important topics of commitment
- Understand your partner's expectations and role
- Learn the impact of personal beliefs
- Consider cultural differences
- Acquire conflict resolution styles
- Gain insight about financial decisions
- Recognize the importance of support systems

To register, call 254-286-5338 / 288-2092, or email: usarmy.hood.incom-fmwr.list.acs-fap-training@mail.mil